

Message of Director General of ICAC

Dear pupils

It gives me great pleasure to address you for the 2nd issue of the Newsletter. You will recall that in the last edition, emphasis was on the promotion of anti-corruption values to enable pupils mature as anti-corruption champions.

This year, unfortunately a number of activities which were initially planned for the primary education sector could not be held due to the out-break of the Covid-19 pandemic. This 2nd edition of the newsletter serves to stay in touch and pass on important messages to the education family.

Our activities for the primary education sector for the year 2020 comprised an Anti-Corruption Slam Competition for upper primary pupils and an Integrity Charter for Professionals in Education developed by the ICAC and the Anti-Corruption Education Working Group. The charter has already been disseminated in all primary and secondary schools.

This present edition focuses essentially on four core values namely honesty, responsibility, kindness and respect. Values guide us to stand for what is right. If we want to be persons with values, we have to continuously ask ourselves these questions - Why are values important? How can values help us to grow and develop into responsible citizens? How can values help us to create the future we want?

Values help us acquire the necessary skills and the right attitude. Our character, behaviour and actions reflect our set of values. Values inculcation is a lifelong journey. They are meant to be acted upon and practiced on a daily basis. We should walk the talk, i.e what we preach. Let us make sure that we adopt the right values and act responsibly. I also encourage you to reflect on the importance of values in our daily lives and discuss with teachers, parents and peers.

Let us all strive to live up to our values and build a better society. We hope you will appreciate the articles contained in this newsletter and look forward to your contribution for the next issue.

How to become a better person?

Becoming a better person involves reflection on what is most important to you and the things you value most in your life.

It is important that you develop an awareness of what you value. These values guide your thinking and behaviour. They also help to decide what is right and wrong and how to live up to them. The values that you have been inculcated will determine the way you speak, the way you interact with others, your attitude towards others, and the decisions that you make.



Here are a few guidelines that can help you to become a better person:

- **Value your education**, you will get the best possible chance of succeeding in life.
- **Value your teacher**, you will be inspired to work hard, to learn, to make something of yourself.
- **Value your parents**, their advice and guidance will always prevent you from taking the wrong decision.
- **Value your friends**, it is an opportunity to love, to learn about yourself, to mature as a good human being, and to open up to the full experiences of life.
- **Value your country**, show love and respect to your motherland. Do not ask what your country can do for you, ask what you can do for your country.

Children as Integrity Champions

The Independent Commission Against Corruption (ICAC) launched a slam competition in February 2020 for upper primary school pupils on the theme 'Children as integrity champions'. The pre-selection exercise was carried out by an independent Jury Panel and 25 best scripts were retained for the preliminary round. The Jury Panel selected 12 participants for the final following the preliminary round.



The final of the competition and the prize giving ceremony were held on Thursday 22 October 2020. The winners are:

- 1st Prize** - Lovena Bookul of Ernest Florent Government School
- 2nd Prize** - Harshika Chowdhury of Hugh Otter Barry Government School
- 3rd Prize** - Jovany Taimone Isabelle of Louis Dorbec RCA

A consolation prize was also offered to Bradley Thomas of Mesnil Government School

“Carefully watch your thoughts, for they become your words. Manage and watch your words, for they will become your actions. Consider and judge your actions, for they become your habits. Acknowledge and watch your habits, for they shall become your values. Understand and embrace your values for they become your destiny ”

-Mahatma Gandhi (Indian Freedom Fighter)

RESPONSIBILITY

What is responsibility?

Being responsible means that you do the things you are expected to do and accept the consequences (results) of your actions.

Taking responsibility is essential because it teaches you how to be accountable for your actions:

- *whether it is taking your cup to the kitchen after you finish your tea; or*
- *put your bag, shoes etc. in the right place when you go back home.*

What does it mean to be responsible ?

You are responsible when:

- ★ *People can count on you;*
- ★ *You are keeping your words or agreements;*
- ★ *You are committed in whatever you are doing;*
- ★ *You do something to the best of your ability;*
- ★ *You are accountable for your behaviour;*
- ★ *You are trying your best to achieve your goals;*



HONESTY

Honesty keeps trouble away

Honesty results in high-quality friends

Honesty makes you earn respects by all

Honesty is a quality which helps you to succeed in life

Honesty makes you become morally strong

Honesty can easily generate trust with other people

Honesty is becoming a habit which is built slowly and patiently, firstly at home and then school

Honesty is the light of hope in this dark world

Honesty allows you to live a life of confidence and dignity

Honesty is actually a quality that manifests the good qualities of a person

Overall, you feel better when you are consistently practicing honesty in your life. You need to make a commitment to be honest with yourself.

Source: Learnenglishgrammar.in/10-lines-on-honesty



WHAT DOES IT MEAN TO BE KIND

Kindness means that you treat everyone in the best possible manner irrespective of who they are, or how you feel about them. You should always treat everybody in all fairness and with due respect.



RESPECT



Respect is a way that shows others that you care about their feelings and their well being. If you respect someone, you admire and treat him or her well.

- *Respect other people's feelings. It might mean little to you, but it could mean everything to them.*
- *For earning respect, you have to treat others the way you would like to be treated.*
- *Respecting is accepting the other person as they are and not trying to change them.*
- *Respect your teachers, parents, friends and other members of the family.*
- *Respecting everyone around you all the time, will in return make you respected.*

Disclaimer

The items and articles in this Newsletter are those of the authors and do not necessarily reflect or represent the views or opinions of the Independent Commission Against Corruption.

CROSSWORDS

Personal Core Values

A	J	O	X	C	M	I	T	L	Y	D	X	F	Y	I	E	Q	G	T	E	G	B	W	N
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U	S	F	C	Q	D	Z	B	W	K	W	W	Y	W	V	R	W	W	P	S	I	P	M	
T	X	Y	B	G	L	P	F	X	O	X	X	Z	H	T	E	C	Y	Q	Z	S	B	V	Y
K	G	T	I	O	W	A	A	Z	X	U	H	N	C	Q	E	D	H	T	S	Y	E	Q	D
J	J	I	Y	R	I	I	U	E	H	O	R	U	K	H	D	B	H	A	M	P	T	D	Y
K	W	S	Z	T	F	R	V	V	O	X	G	Q	V	U	O	I	P	J	K	X	P	Y	H
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I	L	E	P	I	D	G	N	G	H	R	D	F	P	W	S	O	L	S	W	W	K	P	U
Z	M	G	X	D	N	P	D	E	W	T	X	L	T	N	F	L	I	G	W	C	K	J	D
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N	E	T	P	K	Y	O	Y	N	F	S	S	V	W	G	K	Z	I	D	W	F	K	O	Q
Z	R	C	R	Q	K	G	T	I	L	Y	Z	M	J	G	J	U	S	T	I	C	E	R	Z
I	V	T	A	U	A	H	L	Y	X	W	C	U	T	W	X	N	N	P	R	W	X	E	A
G	E	L	R	E	S	G	A	J	T	K	K	H	U	M	J	F	O	U	F	L	P	S	I
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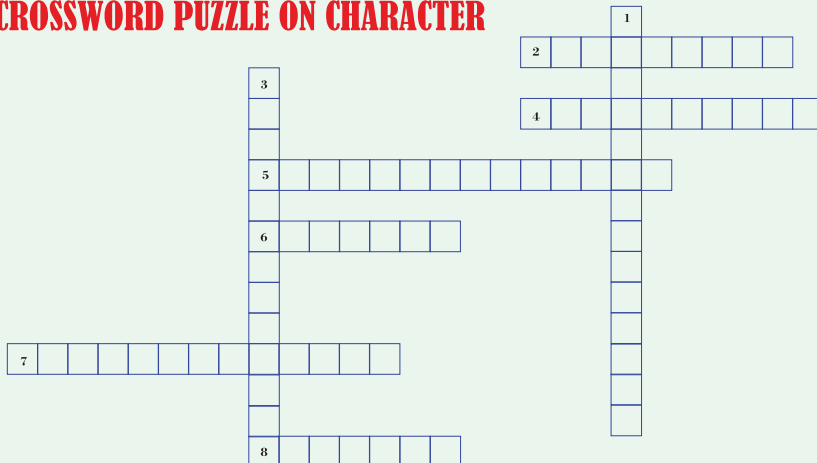
- FIND THE WORDS:**
- RESPECT
 - INTEGRITY
 - HONESTY
 - COURTESY
 - JUSTICE
 - FAITH
 - RESPONSIBILITY
 - COMPASSION
 - FREEDOM
 - TRUST
 - LOVE
 - PEACE
 - LOYALTY
 - GENEROSITY

BASIC VALUES FOR SUCCESSFUL LIVING

- Integrity
- Respect
- Responsibility
- Honesty
- Fairness
- Empathy
- Sympathy
- Gratitude
- Kindness
- Patience
- Discipline

(Source: Wordmint— Personal Core Values)

CROSSWORD PUZZLE ON CHARACTER



Across Clues

- quality of your character; how you act when no one's looking
- understanding of emotional state, feeling someone's pain
- power to make up your own mind on how to act
- Should be a natural response, concern for a harmonious relationship with society
- training that one gives oneself to accomplish a task

Down Clues

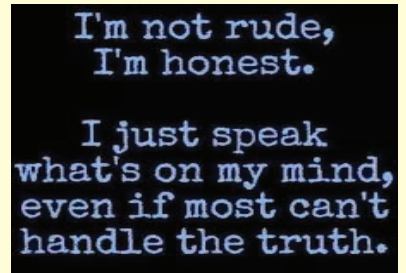
- reliability or dependability
- commitment to hard work; endurance

(Source: classhelper.org - Word Choices for crossword puzzle on character values)

Answers: Empathy, Perseverance, Determination, Responsibility, Respect, Compassion, Self Discipline, Integrity.

If you set out to cheat or deceive others you'll be tense and anxious in case you've found out. But if you live your life and conduct your work on the basis of truth and honesty, it gives you a sense of satisfaction and self-confidence that is also a source of inner strength.

(Saying from Dalai Lama, Head monk of Tibetan Buddhism)



KINDNESS



"Kindness in words creates confidence; Kindness in thinking creates profoundness; Kindness in giving creates love."

Lao Tzu
Father of Chinese Taoism and philosopher



FOOD FOR THOUGHT

Check how well you are doing?

If you had the possibility of seeing your exam's questions before the examination, would you look at them?

If you have made a mistake, would you admit it?
If ever you lied, would you accept responsibility for your behaviour?



Whenever you are travelling by bus or by car and you see your parent throwing plastic bottles out of the window, what would you do?

What you do everyday matters more than what you do once in a while.

So beware !

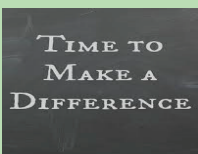
How can we make a difference ?

We can make a difference ...

We can bring the much needed change by:

- 👉 being kind to others;
- 👉 acknowledging goodness in others;
- 👉 making it a habit to respect everyone;
- 👉 making the world a better place; and
- 👉 being the change we wish to see in the world

Let us commit ourselves



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ATTITUDE - AM I RIGHT ?

The importance of having the right attitude in life

Attitude can be defined as a tendency to react positively or negatively to a person or circumstances. Our attitude is what influences our actions. It is only the right attitude which gets us good results.

Do you know how to improve your attitude?

Here it is...

Accept responsibility: By accepting responsibility, you are taking charge of a particular situation.

Create the right attitude: Everyone must benefit and not gain something at the expense of others.

Have consideration for the other person: Treat others as you would like to be treated.

Avoid unjustified criticism: Negative criticism very often make someone justify his/her wrong action, rather than remedy the situation.

Be always positive: Whatever situation you will find yourself in today will surely become better.

Have empathy: Seek to understand by being in someone else's shoes.

Be enthusiastic in whatever you do: Enthusiasm fires you up to perform better.

Accept your mistake: To make mistake once is human, to repeat it many times is sheer carelessness and is not pardonable. Learn from your mistakes.

Avoid gossip. Be extremely cautious about who you share anything with.



PARENTS CORNER

Things Responsible Parents Do

Treat your kid like a darling for the first five years. For the next five years, scold them. By the time they turn sixteen, treat them like a friend. Your grown up children are your best friends.

*Chanakya
Indian Leader*



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